

RICHMOND Travel & Accommodations & Places to Eat

PLEASE DO NOT TAKE A RED-EYE FLIGHT, ARRIVING THE MORNING OF CLASS, BECAUSE WE HAVE HAD SITUATIONS WHERE A FLIGHT IS DELAYED SUFFICIENTLY THAT BY THE TIME THE STUDENT ARRIVED, IT WAS TOO LATE FOR THEM TO PARTICIPATE IN CLASS

The venue for Richmond for February 2016 is:

Balance within Therapies:
2567 Homeview Drive, Richmond, VA 23294

For general Richmond info, visit <http://www.visitrichmondva.com/>

Getting Into Richmond

There is one airport in Richmond –Richmond International Airport.

<http://www.flyrichmond.com/>

Other airports are located about 1-1.5 hours away include Newport News/ Williamsburg – <http://www.flyphf.com/> and Charlottesville – <http://w.gocho.com/>

Transportation to/from airport

Rental car

9 rental car agencies are located on site at the airport. Rental car counters are located near the central entrance of the terminal building on the lower level.

Shuttle Service

[James River Transportation](#) staffs a customer service counter in the terminal to assist with sedan and shuttle. To schedule travel with James River Transportation, please call 804-249-1052 or see link above.

Estimated round-trip shuttle service is \$50-55.

Public Transportation

Greater Richmond Transit provides public [bus service](#) to and from Richmond International Airport. Click the link for service & schedules or call 804.358.4782.

Taxis

Like most cities, Richmond offers reliable and affordable taxi service. You can find taxis at the airport in the center section of the lower level curbside, adjacent to the North and South parking garages (follow the Ground Transportation signs). For rate information, please contact any of the following companies:

Airport Taxi: 804-233-4444

Galaxy Cab Co.: 804-560-4408

Richmond Flyer Taxi: 804-914-5544

Train

Amtrak Station to Richmond Main Street Station, or Staples Mills Station, depending on where you are staying.

Travel time from D.C. - 2hr 45 minutes - fare is only \$33
from Raleigh – 3.5 hours – fare ~\$75-100

Hotels:

Best Western Executive Hotel
7007 W Broad St, Richmond, VA 23294
(804) 672-7007
(\$85/ night) 2.5 miles from venue

Embassy Suites by Hilton, Richmond
2925 Emerywood Pkwy, Richmond, VA 23294
<http://embassysuites3.hilton.com/en/hotels/virginia/embassy-suites-by-hilton-richmond-RICDNES/index.html>
(\$159/ night) 2.5 miles from venue

Courtyard Richmond West
6400 W. Broad St, Richmond, VA 23230
Marriott.com
804-282-1881
(\$115/ night) (4.4 miles from venue)

Residence Inn Richmond Northwest
3940 Westerre Pkwy, Henrico, VA 23233
(804) 762-9852
(\$139/ night) 2.1 miles from venue

Courtyard Richmond Northwest/ Short Pump
3950 Westerre Pkwy, Henrico, VA 23233
(804) 346-5427
(\$134/ night) 2.1 miles from Venue

Extended Stay America Glen Allen
10961 W Broad St, Glen Allen, VA 23060
(804) 747-8898
<http://www.extendedstayamerica.com>
(\$66/ night) 2.7 Miles away from venue

Eateries:

Buz and Ned's Barbecue
buzandneds.com
8205 W Broad St, Henrico, VA 23294

BonChon Chicken
bonchon.com
8026 W Broad St, Henrico, VA 23294

Panera Bread
10301 W Broad St, Glen Allen, VA 23060

Chipolte Grill
BurgerWorks
10301 W Broad St, Glen Allen, VA 23060
2.5 miles from venue

Silver Diner
10890 W Broad St, Glen Allen, VA 23060
2.5 miles from venue

Boychicks Deli, Capital Ale House, Mama Cucina, (Italian),
Taziki's Mediterranean Café, Thai Flavor Food
Innsbrook Shoppes, 4028 Cox Rd, Glen Allen, VA 23060
2.5 miles from venue

Umi Sushi
11645 W Broad St,
Richmond, VA 23230

Tara Thai, Texas de Brazil, California Pizza, Firebirds Wood Fired Grill
Baker's Crust, Maggiano's Little Italy, Cheese Cake Factory
Short Pump Mall
11800 W Broad St #2204, Richmond, VA 23233

Cracker Barrel
3620 Mayland Ct, Richmond, VA 23233
1.8 miles from venue

Pho So 1
9135 W Broad St, Richmond, VA 23220
.6 miles from venue

India K Raja
West Broad Commons Shopping Ctr., 9051 W Broad St #5, Richmond, VA 23294
.6 miles from venue

Malabar Indian Cuisine, Patina Grill
Shops At Wellesley, 3456 Lauderdale Dr., Richmond, VA 23233
Lunch buffet
5.4 miles from venue